One Nation, Under God

Dr. John W. Howe, Senior Pastor

“The Lord your God is bringing you into a good land…where you will lack nothing. Take care that you do not forget the Lord your God…and say to yourself, ‘My power and the might of my own hand have gotten me this wealth.’”
(Deuteronomy 8:7ff)

“First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for everyone, for kings and all who are in high places, so that we may lead a quiet and peaceable life in all godliness and dignity.”
(1 Timothy 2:1, 2)

Tom Phillips, who was then Chairman of the Raytheon Corporation, speaking at a Mayor’s Prayer Breakfast in Dayton some years ago, suggested there is a historical cycle in the rise and fall of nations. He said: bondage leads to faith, and faith to courage. Courage leads to freedom, and freedom produces abundance. Abundance leads to selfishness, which produces complacency. Complacency leads to apathy, which produces fear. Fear leads to dependency, and dependency ends in bondage.

And he asked: “where in the cycle are we?”

As we pause to celebrate America’s Birthday once again, it may be good to ponder that question. On the one hand, there is so much to be thankful for. It is beyond any argument that the average American today lives more comfortably than most royalty ever did down through the ages. Materially, physically, economically, socially, culturally – we are the richest people in human history.

It is equally beyond dispute that the role America has played in the community is unparalleled. It has been said that the United States of America has sent out more missionaries, more doctors and nurses, more teachers and educators, more agricultural specialists and industrial consultants…we have built more schools, hospitals and churches…and we have given away more billions of dollars than all the other nations in the world in all of history put together!

On the other hand, we live in a moment of deeper political division than we have known since the Civil War. The animosity in Washington and throughout the country is so toxic it seems we can do nothing but fight with each other.

Just a generation ago, John F. Kennedy began his presidency with the promise: “Let every nation know, whether it wishes us well or ill, that we shall pay any price, bear any burden, meet any hardship, support any friend, oppose any foe, in order to assure the survival and the success of liberty.”

We can hardly imagine anyone running for office today saying anything even vaguely similar. And if they said it, how would they even begin to accomplish it?
So, how shall we think about these things? How shall we pray for our country and its leaders?

First, let us remember that our true homeland is in heaven (cf. Hebrews 11, especially verses 14-16). But that must not mean we see our earthly citizenship as irrelevant. God told the people of Jeremiah's day to "seek the welfare" of the city of Babylon — where they were being held captive! — and to "pray to the Lord on its behalf, for in its welfare you will find your welfare." (Jeremiah 29:7)

To pray for our leaders in government is not to "take sides" with them. We may agree with some of their decisions, and deeply disagree with others. We may greatly support — or greatly oppose — an individual or a party. Still we are to pray for them.

St. Paul said it was a matter "of first importance" that we pray for all those in high positions, "so that we may lead a quiet and peaceable life in all godliness and dignity." (1 Timothy 2:1, 2)

And Peter said, "honor the emperor" (1 Peter 2:17) even though the emperor at the time was Nero — who was happily torturing and executing Christians for their faith!

Most of the men who have lived in the White House have been driven to their knees by the responsibilities of office. Equally, many members of Congress and the judiciary call out to God for wisdom and guidance. Even — and especially — when we find we are in such disagreement with some of them that we consider them our enemies Jesus specifically commanded us to pray for them. (Matthew 5:43)

Ask God to let our leaders feel the weight of their responsibilities: let it drive them to their knees. Ask him to give them wisdom and his guidance in the difficult decisions they must make. Ask him to show them where they are wrong, especially in their moral choices. Ask him to help them repent and seek his forgiveness. Ask him to give them the courage to acknowledge publicly their dependence on him. Ask him to help them seek out the strength that comes from fellowship with other believers.

And for the nation as a whole, pray that we will heed the warning of Deuteronomy: "Take care that you do not forget the Lord your God, by failing to keep his commandments, his ordinances, and his statutes, which I am commanding you today. When you have eaten your fill and have built fine houses and live in them, and when your herds and flocks have multiplied, and all that you have is multiplied, then do not exalt yourself, forgetting the Lord your God.... Do not say to yourself, 'My power and the might of my own hand have gotten me this wealth.' But remember the Lord your God, for it is he who gives you the power to get wealth, so that he may confirm his covenant.... If you do forget the Lord your God and follow other gods to serve and worship them, I solemnly warn you today that you shall surely perish." (Deuteronomy 8:11-20)

My love to you in him,

[Signature]
Helping, fixing and serving represent three different ways of seeing life. When you help, you see life as weak. When you fix, you see life as broken. When you serve, you see life as whole. Fixing and helping may be the work of the ego, and service the work of the soul.

Service rests on the premise that life is sacred, that life is a holy mystery which has an unknown purpose. When we serve, we know that we belong to God and to the purpose He has called us to. Dr. Howe talked about God choosing Paul to serve Him. He quoted from John 15:16 “You did not choose me, but I chose you and appointed you that you should go and bear fruit and that your fruit should abide, so that whatever you ask the Father in my name, he may give it to you.” When God chooses us, He chooses us to serve and to bear fruit that abides. From the perspective of service, we are connected as the family of God: “All suffering is like my suffering and all joy is like my joy”. The impulse to serve emerges naturally and inevitably from this way of seeing. Jesus said, “I did not come to be served but to serve.” Serving is in our Christian DNA.

Serving is different from helping. Helping is not a relationship between equals. A helper may see others as weaker than they are, needier than they are, and people often feel this inequality. The danger in helping is that we may inadvertently take away from people more than we could ever give them; we may diminish their self-esteem, their sense of worth, integrity or even wholeness.

When we help, we become aware of our own strength. But when we serve, we don’t serve with our strength; we serve with ourselves, and we draw from all of our experiences. Our limitations serve; our wounds serve; even our darkness can serve. My pain is the source of my compassion; my woundedness is the key to my empathy.

Serving makes us aware of our wholeness in Christ and its power. The wholeness in us serves the hunger in others and draws them to the wholeness in Christ. Service is a relationship, our service strengthens us as well as others. Fixing and helping are draining, and over time we may burn out, but service is renewing. When we serve, our work itself will renew us. In helping we may find a sense of satisfaction; in serving we find a sense of gratitude. So, I close with this question: Where do you feel called to serve?

This month’s newsletter offers many opportunities in the church and in the community. Prayerfully read this month’s edition, and prayerfully seek where you can serve.
Men of LOWC,

The book of Psalms begins with the following words of exhortation:

“Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the Lord, and on his law he meditates day and night. He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.” (1:1-3, ESV)

It can be difficult in our busy lives with work, family, volunteering, honey-do lists, and helping our neighbors to find time for our own spiritual development. That is why, this summer, I want to invite you to the Saturday Morning Men’s Group that meets at the church at 7:00 a.m. for breakfast, fellowship, prayer, and study. Yes, it’s early, but it’s important. We, men, are notorious for unintentionally isolating ourselves and neglecting the spiritual discipline of fellowship. Only men going through the same things can understand our trials and struggles. It’s important that we minister to each other. That’s why we need to be a part of a men’s group.

Proverbs 27:17 says, “Iron sharpens iron, and one man sharpens another.” There is a clear call to biblical manhood. How are you being sharpened, and how are you contributing to sharpening other generations? Come out for our current study, “Stepping Up: A Call to Courageous Manhood”, and be a part of our brotherhood.

See you Saturday,
Jordan
The next session of GriefShare® begins Monday August 19th at 7:00 p.m. in the Church Library. Register online by visiting the church website (www.lowchurch.org/support-groups) contact Carol Twedt 540-972-8196 or the church office for more information.

Walk with Hope Cancer Support Group for women and their caregivers is a hope ministry. While it involves prayer, counsel, visits and assistance, it is centered on bringing God’s hope to patients and their caregivers, family and friends. This requires an understanding of the impact of cancer, how people react to it and how God has called His people to respond. Above all, it requires us to have within ourselves an unfeigned hope that we can take to those in need. We discuss cancer care topics such as nutrition and ways to combat the effects of treatments. We meet every 3rd Tuesday of the month at 4:00 p.m.. We are sponsored by Cancer Treatment Centers of America Journey of Hope®.

Our Annual Family Church picnic will be held at Sweetbriar Pavilion on Sunday August 25th at 1:00 p.m.. Bring a side dish or desert to share. There will be activities for the whole family.

We are in need of members of our church to be Shepherds. It would require one meeting per month and contact with other members. Contact Janet Bocook 972-9023 or Mike Lemay 972-9060

Second Half of Life Bible Study

1st & 3rd Thursdays
1:00 p.m.
Charter Room
Mark your Calendar
Resumes August 16th
Join us as we begin with the Book of Isaiah

Contact Mike Lemay for more information
Mike@lowchurch.org or 540-972-9060
Vacation Bible School begins July 22nd

There is still time to volunteer with us for VBS! Visit the church website www.lowchurch.org to register - you won't want to miss it. It’s as much a blessing to the volunteers as it is for the children.

If you can’t help during the week of VBS, we could use your help during Prep Week on July 15-19th.

Contact Mandy by email (mandy.robinson@lowchurch.org) or call 540-972-9060 if you have any questions.

Our Children’s Ministry intern, Christian Colson, is blessing us with his talents and while learning about the ministry. We are so glad to have him on board for the summer, and we know he will be blessed by his time here. Stop in to say hello and welcome him!

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By Mandy Robinson, Director

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July 1st-6th Children’s Musical Rehearsal

Sunday July 7th Children’s Musical Performance
9:45 & 11:00 a.m. - Worship Center

July 8th-12th Centri Kid Camp Maryland

July 15th-19th VBS Prep Week

July 22nd-26th Vacation Bible School 2019
**PUZZLE**

**Signs of summer**

Jesus told his disciples that fig trees indicate when summer is approaching.

*Directions:* Complete the Bible verse below by placing the letter pairs from the tree into the correct blanks.

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“__ w lea__ th__ le__ on
fr__ the f__ tr__: As s__ n
as its __igs g__ te__er __d
its lea__s co__ o__, ____u
kn__ at su__er is ne__.”
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Matthew 24:32 NIV

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**FRUIT OF THE SPIRIT SNACKS**

Bring joy to a friend by sharing a “peace” of this yummy dessert!

*What you need:*
- adult help
- two 8” cake pans
- cooking spray
- 9 cups mini marshmallows
- 6 tablespoons butter
- food coloring (green and red)
- 9 cups crisp rice cereal
- mini chocolate chips

*What you do:*
1. Spray cake pans.
2. Melt 4 cups marshmallows and 2 T. butter in microwave or on stove top. Add green food coloring. Stir.
3. Pour 4 cups cereal into bowl. Add green mixture. Stir with buttered spatula.
4. Put half into each pan and press along the sides with buttered hands.
5. Repeat using 5 cups marshmallows, 4 T. butter, 5 cups cereal and red food coloring.
6. Press half into the center of each pan, leaving a narrow outside border of green. Smooth the top.
7. Press mini chocolate chips into the red mixture.
8. Let cool. Then cut into wedges. Enjoy!

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“I’ll come to VBS, but can you take the word ‘school’ out of it?”
We are praising God for all his great love. His love endures forever!

The month of June was an incredible month for the Youth Ministry. Six confirmands completed their year-long class and were confirmed on Pentecost Sunday. These six were an absolute joy to teach. They arrived at 8:00 a.m. every Sunday for a one and half hour confirmation class.

The confirmands read six books, memorized scripture, and completed an assignment, project, or reports each week. Through all of this, I never heard a single complaint. What an awesome testimony in itself! These six are now eligible to serve on the Timothy Group, our student leadership team. They will be instrumental in planning and facilitating our upcoming year. Jesus said, “The greatest among you will be your servant.” (Matt.23:11) Please pray for these six as they serve and take on additional responsibility within the church and the youth group.

We are also praising God for last month’s baptisms. Four teens committed their lives to Christ and were baptized in the lake. Baptizing three of my own children was an indescribable feeling for me both as youth minister and father. It is mind-blowing for me that God sent his son Jesus to rescue them first from foster care when the world had turned its back on them; then to give them a Christian home and meet their every need; and then finally save their souls for all eternity. Thank you Jesus!

My next Cross Current article will be my report on what God will have done through our teens in the summer missions field. Thank you to our loving church family, friends, and community for your generosity towards our young people and the tremendous job they do in the missions field!

Continued on page 9
**July 7th - 13th Navajo Mission Trip**  Nine teen missionaries and four leaders will return to Smith Lake, NM as part of a multi-generational mission trip to the Navajo Nation Reservation. Each day, teens and adults will break into four teams to repair houses, lead daily sports camps for the children, and feed a free dinner to the community each night. Thank you to each and every one who gave to make this trip a reality for our teen missionaries.

**July 28th – August 2nd Teen Camp**  Teens unplug from the world and plug-in to God at Camp Shenandoah Springs in Madison, VA. Daily activities range from: horseback riding, canoeing, hiking, fishing, campfire cooking, basketball, Airsoft®, ropes course, archery, and crafts. Special guests speak into the lives of the teens each day to encourage them in their walks with the Lord. Register your teen at www.lowchurchyouth.org/events.

**Save the Future Dates:**
- **August 14th**
  Back to School Game Night
  (Wednesday Night Youth Group Begins)
- **August 21st**
  Annual Parent Meeting
- **September 30th**
  Fall Classic at Fawn Lake Country Club
to benefit youth missions
- **October 26th**
  Annual “Go Ye Therefore” Banquet
to celebrate youth missions

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*Continued from page 8*
Our Summer Program began on Tuesday, May 28th with the kids enjoying their first of many summer activities!

The kids will be enjoying trips to mini-golf, Funland, Kidz World, Wilderness Adventure Course, bowling, and swimming at the new Clubhouse Pool.

We have begun accepting registration for our 2019-20 Fall School-Age and Preschool Programs. We only have limited slots available in our Three-Year-Old Classroom. For more information, or to enroll your child, please contact Belinda at 540-972-2349 or visit us on the web at www.lowchurch.org, click on “Ministries” and then click on “Child Care Center”.

Our Preschool Orientation will be scheduled by appointment. Teachers will meet with each enrolling family. If you are already enrolled, more information will be sent out in early July.

Please continue to keep our program and our children in your prayers as “We Strive to Make Christ Known”.

By Belinda Divelbiss, Director
July Mission Partner of the Month

InterVarsity at the University of Mary Washington

By Jessica Molzahn

It’s summer on the UMW campus, which means time to look back over what the Lord has done this past year and look forward to what is in store for this coming school year. Here are a just a couple of the many stories of great things the Lord is doing in the hearts of our students, and a few prayers for this upcoming year.

Exciting news: UMW Intervarsity staff is growing!

Because of the ways that the Lord has expanded the movement at UMW over the years, even causing it to multiply to two chapters, InterVarsity is sending another staff member to UMW! Her name is Grace Yoder, and she is phenomenal. She graduated from Christopher Newport University, just finished training at Virginia Commonwealth University and is so excited to be moving to Fredericksburg this summer!

Seeing the ways that the Lord is moving among student athletes at UMW, and all across Virginia, I was invited to a conference in Germany where ministries throughout Europe are starting new things with college athletic teams. Participating in this conference was a great opportunity and such an honor! It was especially exciting and encouraging to learn how other campus programs are flourishing, because doing ministry in athletic departments requires student athletes to take such significant risks for the sake of the Gospel and the Kingdom. Those risks they have taken are not just changing their local teams and athletic departments, but they are having a global impact. College athletes across Europe are going to hear the Gospel of Jesus because of the risks that 18-22 year old students are taking at UMW. Praise God!

As an example, one of these UMW students is Mike, a 19 year old sophomore on the baseball team. This year, the team had a very difficult season and was discouraged and ready to be done; but because of taking advantage of opportunities, like spending hours and hours on the bus together, Mike is having a tremendous impact on the team. Mike has said “the team looks at me as the positive guy who tries to encourage and motivate the team...they really trust me. They know I’m a Christian, and that’s the only reason I’ve been able to be so positive.” Mike looks for opportunities to tell and show his teammates how his faith has impacted his life, especially in ways that his teammates will directly relate. This has resulted in spiritual conversations and reading Scripture with several of his teammates. He thinks this is normal--imagine the impact that thinking will have on the rest of his life!

What is amazing to me is that this is not just one story, but this is true for so many men and women who are taking risks to have spiritual conversations and lead Bible studies on their teams, in their dorms, and with their friends. Because they have been changed by Jesus
and the Gospel, their natural response is to take these risks for the sake of the Kingdom, so that many more people might come to know Jesus.

Thank you, Lake of the Woods Church, for praying and partnering with the work the Lord is doing at UMW. Here are some ways you can be praying for us:

Pray for Grace as she moves and transitions to a new city and a new job. UMW is thrilled she is here and our students really love her!

New Student Outreach will begin in mid-August: would you pray that we would connect with tons of incoming freshmen? We are praying that the Lord would be preparing the hearts of these students to know that when they arrive we would connect well with them, that they would get involved and their lives would be transformed.

Would you pray that even more Bible studies on athletic teams and small groups all across campus would begin this fall, and that even more students would have the opportunity to hear the Good News of Jesus?

I am so grateful for your partnership as I see college students’ lives forever changed by the Gospel, and then for these men and women to be ready to go out and change the world!

Children in Orange County return to school August 12th. Help to send them back to school with all the tools they need to have a successful year! Complete supply lists are available on the church website and in the Gathering Place. A supply list has been created for purchases through Amazon (http://a.co/3u1QUtY). The order can shipped to the church, be sure to have STUFF THE BUS in the attention line. The greatest need every year (and the items we run out of first) are the following items: Backpacks (without wheels for teen boys and girls) Loose leaf paper, (wide ruled), plastic pencil boxes, yellow highlighters, 3 & 5 subject notebooks, composition books, plastic folders with and without prongs, #2 pencils and blue & black ballpoint pens. Distribution of Supplies will be the week of August 5th, a schedule will be posted on the church website in the coming weeks. For more information please contact the church office.
To: The Congregation of LOWC

From: Richard Kurz, Plant Maintenance Director

Subj: In Case of Fire

Dear Brothers and Sisters in Christ,

The Board of Elders has approved an Emergency Response Plan for the Lake of the Woods Church. One of its provisions is planning the evacuation of the church in case of a fire. Recently the Elders met to discuss and practice their roles in leading the congregation in such an evacuation. At that meeting the Elders directed me to write to you with instructions on orderly evacuation of the church should a fire alarm sound when we are worshipping. Note that you will soon see the basics of this instruction posted around the church. We already have floor plans posted with suggested evacuation routes out of the building.

Much of this is common sense, but such an alarm inspires a little panicky feeling in the pit of our gut and several courses of action may come to mind which may send us in the wrong direction. So, look around for church leaders who will be trying to direct you. They will identify themselves.

In the event that the fire alarm sounds while you are in church:

1. Leave the building through the nearest exit.
2. Once outside, move to the far end of the parking lot.
3. Avoid blocking Fire and Rescue Personnel.
4. Do not attempt to drive out of the parking lot unless and until directed by Fire and Rescue Personnel.
5. If you have children in the Child Care Center or Youth Rooms down stairs, know that they are being escorted out of the building and being directed to the far end of the lower parking lot. You can meet up with them there.
6. Caution and Consideration of others and yourselves is paramount.

If you have any questions regarding this policy or wish to see the full emergency plan, please speak with Rich Kurz, Plant Maintenance Director or Deryl Scott, Elder for Buildings & Grounds.
This notice can now be found in all French churches:

“Il est possible qu’en entrant dans cette église, vous entendiez l’Appel de Dieu. D’autre part, il est peu probable qu’il vous contacte par téléphone. Merci d’avoir éteint votre portable. Si vous voulez parler à Dieu, entrez, choisissez un endroit tranquille et parlez-lui. Si vous voulez le voir, envoyez-lui un texto en conduisant.”

Translated:

“It is possible that on entering this church, you may hear the Call of God. On the other hand, it is not likely that he will contact you by phone. Thank you for turning off your cell-phone.
If you would like to talk to God, come in, choose a quiet place, and talk to him.
If you would like to see him, send him a text while driving.”
### Weekly Church Activities

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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<tbody>
<tr>
<td>8:30 a.m.</td>
<td>7:30 a.m. Pastor’s Bible Study for Men</td>
<td>8:30 a.m. Aerobics</td>
<td>9:00 a.m. Shepherds Meeting (3rd Thurs)</td>
<td>8:30 a.m.</td>
<td>7:00 a.m. Men’s Bible Study Group</td>
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<td>7:00 p.m.</td>
<td>9:30 a.m. LOWC Crafters Group</td>
<td>9:00 a.m. MOPS (resumes in the fall)</td>
<td>9:30 a.m. Prayer Group</td>
<td>9:00 a.m.</td>
<td>9:00 a.m. Living Water Community Clinic</td>
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<td></td>
<td>10:00 a.m. Ladies Bible Study</td>
<td>10:00 a.m. Restoration Dance</td>
<td>10:00 a.m. Women’s Guild (1st &amp; 3rd)</td>
<td>10:00 a.m.</td>
<td>10:00 a.m. Restoration Dance Ministry</td>
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<tr>
<td>3:30 p.m.</td>
<td>3:30 p.m. Cancer Support Group (3rd)</td>
<td>10:00 a.m. 6:00 p.m. Communion Service</td>
<td>10:00 a.m. Faithbooking &amp; Faithcarding (2nd &amp; 4th)</td>
<td>10:00 a.m.</td>
<td>10:00 a.m. Children and Nursery 9:45 &amp; 11:00 a.m.</td>
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<td>4:00 p.m.</td>
<td>4:00 p.m. Bell Choir - Sanctuary</td>
<td>1:00 p.m. Second Half of Life Bible Study (1st &amp; 3rd)</td>
<td>1:00 p.m. Second Half of Life Bible Study (1st &amp; 3rd)</td>
<td>10:00 a.m.</td>
<td>9:00 a.m. Youth Higher Grounds 9:30 a.m.</td>
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<td>5:00 p.m.</td>
<td>5:00 p.m. Senior Singles</td>
<td>5:00 p.m. Living Water Community Clinic</td>
<td>1:00 p.m. Second Half of Life Bible Study (1st &amp; 3rd)</td>
<td>11:00 a.m.</td>
<td>9:00 a.m. Living Water Community Clinic (2nd)</td>
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<td>5:30 p.m.</td>
<td>5:30 p.m. call Carol 972-8196 or Joyce 972-4023</td>
<td>6:00 p.m. RISE Special Needs (resumes in the fall)</td>
<td>6:00 p.m. RISE Special Needs (resumes in the fall)</td>
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<td>6:30 p.m.</td>
<td>6:30 p.m. Shining Hands Ministry</td>
<td>7:00 a.m. Men’s Bible Study Group</td>
<td>6:00 p.m. RISE Special Needs (resumes in the fall)</td>
<td>11:00 a.m.</td>
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<td>7:00 p.m.</td>
<td>7:00 p.m. Praise Team Practice</td>
<td>9:00 a.m. Restoration Dance Ministry</td>
<td>7:00 a.m. Men’s Bible Study Group</td>
<td>8:30 a.m.</td>
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<td>7:00 p.m.</td>
<td>7:00 p.m. Choir Practice</td>
<td>10:00 a.m. Malachi 3:16 Bible Study</td>
<td>10:00 a.m. Malachi 3:16 Bible Study</td>
<td>9:45 a.m.</td>
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<td>7:00 p.m. AA Group — Rt. 20 - Suite O</td>
<td>7:00 p.m. AA Group — Rt. 20 - Suite O</td>
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### Pastors in Worship

**July 2019**

**July 7th - Children’s Musical**
- 8:30 Blended Dr. John W. Howe
- 9:45 Traditional Dr. John W. Howe
- 9:45 & 11:00 Children’s Musical

**July 12th - Communion Sunday**
- 8:30 Blended Dr. John W. Howe
- 9:45 Traditional Dr. John W. Howe
- 11:00 Contemporary Dr. John W. Howe

**July 16th**
- 8:30 Blended Dr. John W. Howe
- 9:45 Traditional Dr. John W. Howe
- 11:00 Contemporary Dr. John W. Howe

**July 21st**
- 8:30 Blended Dr. John W. Howe
- 9:45 Traditional Dr. John W. Howe
- 11:00 Contemporary Dr. John W. Howe

### SUNDAY WORSHIP SERVICES
- Blended Service - 8:30 a.m.
- Traditional Service - 9:45 a.m.
- Contemporary Service - 11:00 a.m.

### SUNDAY SCHOOL SCHEDULE
- Adult 8:30, 9:45, & 11:00 a.m.
- Youth Higher Grounds 9:30 a.m.
- Children and Nursery 9:45 & 11:00 a.m.

### COMMUNION
- Monthly on the 1st Sunday - All Services
- Weekly - Wednesdays 6:00 p.m.
CrossCurrent Newsletter

Articles for the August 2019 issue are due by Friday July 12th at 2:00 p.m.

CrossCurrents is a publication of
The Lake of the Woods Church
1 Church Lane
Locust Grove, VA 22508
(540) 972-9060
www.lowchurch.org

“The Lake of the Woods Church”