In the eleventh chapter of Acts we are introduced to the church in Antioch, Syria. It was a church that literally changed the world. Luke tells us by way of background:

Now those who were scattered because of the persecution that took place over Stephen traveled as far as Phoenicia, Cyprus, and Antioch, and they spoke the word to no one except Jews. But among them were some men of Cyprus and Cyrene who, on coming to Antioch, spoke to the Hellenists also, proclaiming the Lord Jesus. (11:19-20)

Unless we pay very close attention, we might miss the fact that this is a major turning point, an historical “hinge,” in the life of the apostolic Church. It had been about 15 – 20 years since the crucifixion, resurrection, and ascension of Christ and the outpouring of the Holy Spirit on the Day of Pentecost. 15 – 20 years since the first Christians were commissioned and empowered to take the gospel to the ends of the earth, and “make disciples of all nations.” In effect, Jesus had said, “You are not to keep this gospel to yourselves, it is salvation for every tribe and family and language and nation.”

But for the first decade and a half of its history, that is precisely what the Church did: it kept the gospel to itself. Tens of thousands of Jews had become believers in Jesus, but with only the rarest of exceptions, hardly a single Gentile. There was the Ethiopian eunuch (Acts 8), and the centurion Cornelius and his family (Acts 10). But those are literally the only ones we know of for certain.

(The sixteen different nations represented on the Day of Pentecost were all expatriate Jews, in Jerusalem to celebrate one of the three great festivals of the year!)

Stephen’s mighty witness to his faith before the Sanhedrin so enraged the council that they took up stones, and stoned him to death, an act that inaugurated “a severe persecution against the church in Jerusalem, and all except the apostles were scattered throughout the countryside...” (8:1)

So: when they finally left Jerusalem, it was not out of a missionary zeal to bring the gospel to the nations and fulfill the Great Commission. It was because they were persecuted out!

Yet, even then, when they found themselves venturing into Gentile territory, “they spoke the word to no one except [their fellow] Jews”!

With one notable exception! “Some of them, on coming to Antioch, spoke to the Hellenists also.” Some of them! We don’t even know their names! Luke continues:

The hand of the Lord was with them, and a great number became believers and turned to the Lord. News of this came to the ears of the church in Jerusalem, and they sent Barnabas to Antioch. When he came and saw the grace of God, he rejoiced, and he exhorted them to remain faithful to the Lord with steadfast devotion; for he was a good man, full of the Holy Spirit and of faith. And a great many people were brought to the Lord. (1:21 – 24)

“A great many people were brought to the Lord.” The old saying has it, “when all else fails, read the instructions.” “The hand of the Lord was with them” because at last somebody was following the instructions! “Make disciples of all nations.”

“Barnabas” was a nickname. It means “son of encouragement.” Barnabas is the great unsung hero of the book of Acts. He was the one who would take a chance on someone, when no one else would. Or give that someone a second chance, after he messed up on the first try.

We first met Barnabas back in chapter four, when the earliest Christians tried an experiment in communal living. They sold just about everything, gave away the proceeds, and lived on what they had left over, in common. (Many people think that is a model we should all emulate, but it got them into trouble which lasted for a very long time.) In any event, we learned there that Barnabas’ real name was Joseph. He was a wealthy Levite from Cyprus. “He sold...
a field that belonged to him, then brought the money, and laid it at the apostles’ feet.” (4:37)

The apostles heard that something new and wonderful was happening in Antioch: Gentiles were turning to Christ! And they sent Barnabas to become their “pastor.” (Note that the apostles did not go themselves! Even after everybody else was “persecuted out,” they remained in Jerusalem!) When Barnabas got to Antioch he rejoiced to see what was happening; he began to care for his new “flock,” and the Lord added even more people to their company.

The congregation was growing so rapidly that Barnabas couldn’t handle it alone. He needed an “assistant pastor.” “Who can I get for this job?” he asked himself and the Lord. “I’ve got it! Saul.”

Saul (his name had not yet been changed to the Gentile form, “Paul”) had been dramatically converted on the road to Damascus about eleven years earlier. Previously he had been a violent persecutor and murderer of Christians. Immediately after his conversion he had a brief flurry of ministry and witness. Then (we learn from his letter to the Galatians) he went to Arabia, where the Lord revealed the details of the gospel to him in a kind of personal tutorial. Saul had received a prophecy that he would bring the gospel before Gentiles and kings. But he did not try to make this happen. He waited for God to fulfill his promise.

One gets the sense, in reading the account, that most people were skeptical as to the reality of his conversion; “Isn’t he the one who has been killing believers?” And most were not willing to take a chance on Saul.

But Barnabas, the “son of encouragement,” thought to himself, “Saul is exactly the right person to help me pastor this flock! He was “a Pharisee of the Pharisees,” on the one hand - with impeccable Jewish credentials. And on the other hand, he was a Roman citizen, and a student of Greek philosophy: dual citizenship - with impeccable Gentile credentials.

Together they pastored the church in Antioch, as God added still more people to their flock. Up until that point, believers in Jesus had been called “Followers of the War,” or simply “The Way.” In Antioch they were first called “Christians.” (It was not a term of respect!)

I said this was a “hinge” moment in the life of the Church. Jerusalem remained the “Mother Church” of the whole Christian movement throughout the rest of the New Testament, but for all practical purposes, the real center of activity, the staging platform for the global outreach of the gospel, was about to shift to Antioch.

There is a hint of the character of the church in Antioch in the next paragraph:

At that time prophets came down from Jerusalem to Antioch. One of them named Agabus stood up and predicted by the Spirit that there would be a severe famine over all the world; and this took place during the reign of Claudius. The disciples determined that according to their ability, each would send relief to the believers living in Judea; this they did, sending it to the elders by Barnabas and Saul. (11:27 – 29)

Suppose we were gathered on a Sunday morning. Someone claiming to be a prophet sent from God came to worship, and at announcement time asked if he might deliver a message. When invited to speak he says, “There is about to be a famine of enormous proportions, and it is going to affect everyone, but there is an area where its impact will be greatest, and if you can do anything to help, everyone will surely be grateful.”

And, instead of calling for medical attention for this fellow, thinking he can make such predictions, our response is to dig out our wallets and take up a collection – before the famine hits!

That is what happened in Antioch! Agabus predicted a famine that had not yet begun! He said it was going to affect the whole area, but the believers in Judea would be especially vulnerable. They would be hit with a triple whammy: first, they had given away nearly everything in their experiment in communal living; second, they were under severe persecution, and now famine was about to strike.

They were going to be in extremely difficult straights.

And the church in Antioch, composed of people who had been Christians for only a little more than a year, people who didn’t even have the Jewish scriptures in their backgrounds...took up a collection to give help before it was needed!

I will finish the story next month.

Love to you in our Lord,

John
It cannot be doubted or denied that God is the One who is deserving of all of our praise and all of our devotion and is deserving of all honor and glory. And while every act in life can, and should, be seen as an opportunity to worship The Lord, there is one act that is essential. Not all of us feel comfortable singing. “Sing to the Lord,” occurs over 100 times in the Psalms. And Paul, in his letter to Colossae mandates “singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.” (3:16) God wants us to sing to Him.

Let me tell you, as a former worship pastor, picking songs is stressful! Choosing songs that seek to glorify God, draw the congregation together and comfort the soul can be a daunting task. And then you have to find the right key that suits the congregation’s voices. (So, next time you see Kevin, give him a big thank you for the work God is doing through him.) Paul, in his letter to Philippi said, “Each of you should look not only to your own interests, but also the interests of others.” (2:4) While I can’t say I’ve never chosen a song because I liked it, I also consider whether a song will both glorify God and edify the body of Christ. The goal is for each and every one of us to sing to Him, whether we have the voice of Pavarotti or not. It’s our heart that matters to God. So, if there is anything that would make you feel more comfortable to sing on Sunday mornings, please let us know. The goal is that we would all lift our voices in praise to God. But also remember, worship is not about you or me, it’s about Him. So sometimes when we don’t “care for” a song, we need to set pride aside, not care about how “good” our voice is and just lift up the name of the God who created us and willingly gave up His son, Jesus Christ, to die on the cross for us. Jesus is our true worship leader and the one who gives us access to join in the worship service in heaven. Amen and Hallelujah!!

This summer, I encourage each of you to invite the children and teens in your neighborhood and in your family to be part of our many summer activities. Through our Kingdom Builders teen missionary training, Navajo Mission Trip, Vacation Bible School, Good News Across Sports, Children’s Musical, and Teen Camp we seek to capture the attention of our younger generations with the message of Jesus. And for those who already have faith in Christ, we seek to give them opportunities to share their love of Christ with their friends and neighbors. As Paul, quoting Psalm 116 said, “But just as we have the same spirit of faith that is in accordance with Scripture - “I believed, and so I spoke” - we also believe, and so we speak, because we know that the one who raised the Lord Jesus will raise us also with Jesus, and will bring us with you into his presence.”

When is the last time you, through the power of the Holy Spirit and the assurance of life eternal, said, “so I spoke”? 

Enthusiastically His,

Rev. Jordan Medas, Associate Pastor
Visitation & Senior Care Ministry
Mike Lemay, Minister

Worship, Grow, Serve, Share,
Opportunities are here.

“Love one another as I have loved you” John 13:34

Grief Share Begins
The Grief Share group will begin on Monday August 20th at 7:00 p.m., and will run for 13 weeks. Register online (www.griefshare.org). For more information you can contact Carol Twedt at carol@twedt.org, Mike Lemay or contact the church office 540-972-9060.

Transportation Ministry
We need drivers to transport seniors who are not able to drive to doctor visits, pharmacy and to grocery stores. Driving area consist of local runs, Locust Grove, Culpeper and Fredericksburg area. You can volunteer one day of the week or be on an as needed list. Contact Suzanne Lentine or Mike Lemay.

Shepherds
We need Shepherds like you. Join us in the mission to “Make Christ Known”. Shepherds are not necessarily elders or clergy, but are persons who want to be involved with the care-giving ministry. They often have the spiritual gifts of mercy, compassion, and nurturing.
Contact Janet Bocook at 540-972-9023, Becky Malamphy at 540-972-2954, or Mike Lemay.

Healing comes through sharing.
Interested in being with other men who are dealing with cancer? Learn about nutrition and share with each other your journey through cancer. Walk with Hope Men’s Cancer Support ministry. Contact Mike Lemay or the Church office for details.

2nd Half Bible Study – will begin a new study on Heaven September 6th.

For those who are in the 60 Plus group, we will start a new Bible study on Thursday September 6th at 1:00 p.m. in the Charter room. We will begin with the study on Heaven. What does God’s word tells us about this wonderful place?
Are you excited about summer at LOWC?

We are! We are in a whirlwind of prep for our summer activities for our LOWC kids and those from the community. We can’t wait to fill this place with kids and have the opportunity to share the love of Jesus with them.

Good News Across Sports starts off our LOWC children’s summer events. Our very own LOWC summer missionaries will be sharing the gospel with over 200 children from July 9-13. Details for camp locations and times can be found on the youth ministry page.

Vacation Bible School will start the following week (July 16-20) and it will be Game On! During VBS children will be challenged to learn 2 Peter 1:3 and gear up for life’s big game. They will be learning what it means to be part of God’s team, be invited to join the team and their role in being part of God’s team.

Not only will the kids be challenged but God always speaks to each of us leaders as we read through the teaching material, prepare our lessons and teach the children. This big game of life is often pressure-filled to perform well, to be the best, to balance schedules and to excel in every arena. But as part of God’s team, we don’t have to struggle in life’s big game. God has given each member everything we need! He has given us His complete Word as the ultimate play book, He has given us the Holy Spirit to guide us and He has given us His strength to accomplish His goal. He’s given us Himself…we are fully equipped. His divine power has given us everything required for life and godliness through the knowledge of him who called us by his own glory and goodness (2 Peter 1:3).

VBS starts on July 16-20 from 9:00 a.m. – 12 noon. Ages for VBS is 3 years by 9/30/17 thru rising 6th grade. Space is limited for our preschool classes. We have made a few changes to our end of the week program. We will be having a fun interactive family Friday Night Program. July 20th from 7:00 p.m. – 9:00 p.m. Sunday, our VBS preschoolers will perform at the 11:00 a.m. service.

Children’s Musical will finish off our summer of children’s activities. Rehearsals will be from 9:00 a.m.– 12 noon on July 23 – 28. The musical is for rising 2nd graders thru teens. Cost for the musical is $25/person or $50/family. It is always a wonderful production of storytelling, music, choreography. What can be accomplished in just one week...amazing! Mark your calendars because this is something you won’t want to miss! Performances will be at 9:45 a.m. and 11:00 a.m. in the Worship Center on July 29th.

To register for any of these summer events, go to www.lowchurch.org or contact Sherri at sherri@lowchurch.org.

Children’s Ministry Events

July 7 – LOWA Parade
July 9-13 – Good News Across Sports
July 10 – VBS Craft Night
July 14 – VBS Decorating Day
July 15 – VBS Prep Day
July 16-20 – VBS
July 20 – VBS Friday Night Program
July 22 – Preschool VBS Program
July 23-28 – Children’s Musical Rehearsal
July 29 – Children’s Musical Performance
Summer is heading our way! Our Summer Program began on June 11th with the kids enjoying their first of many summer activities! The kids will be enjoying trips to mini-golf, Funland, KDz Kidz World, Wilderness Adventure Course, Bowling, and skating at Cavalier Skate.

We have begun accepting registration for our 2018-19 Fall School-Age and Preschool Programs. We only have limited slots available left for all our programs. For more information or to enroll your child, please contact Belinda at 540-972-2349 or visit us on the web at [www.lowchurch.org](http://www.lowchurch.org), click on “Ministries” and then click on “Child Care Center”.

Our Preschool Orientation will be scheduled by appointment again this year. Teachers will meet with each enrolling family. If you are already enrolled more information will be sent out in early July.

Wishing everyone a safe and fun summer!
Greetings from the Youth Department!

As I gathered the tributes of our seniors to present to the church on Graduate Sunday, I was reminded of the encouragement Paul experienced when he received a report from Timothy about the faith and love of those who worshiped in Thessalonica. Similarly, I had the privilege of presenting our church with a good report. This group of teens loves the Lord. This group of teens has both faith and works. They see their future workplaces and campuses as their mission fields. Though eighteen year olds are naturally in a “me” stage of life, this group sees beyond themselves and wants to meet the needs of others and share the love of Christ. Paul wrote to the Thessalonians, “How can we thank God enough for you in return for all the joy we have in the presence of our God because of you?” (1 Thessalonians 3:9) On Sunday, our eighteen graduates were celebrated for their accomplishments, but most importantly, as a church, we celebrated their faithful service to God. Like Paul, we were overjoyed!

Every nursery worker, praise God! Every Sunday School teacher, praise God! Every youth leader, praise God! Every parent, praise God! Every mentor, praise God! Every pastor and every church member, praise God! For we have seen a mighty work in the hearts our graduates. So for this group of eighteen, as they move out into adulthood, our hearts swell with joy, Father God, and we give you praise!

Good News Across Sports (July 9th - 13th)
Our teens will apply their Kingdom Builders Training as they join a parachurch effort to love, lead, and coach the elementary-age kiddos of our east Orange community by offering free sports camps. Our teens will coach and teach six sports camps each day during the week of Good News Across Sports. Register your elementary-age child at goodnewsacrosssports.com

Teen Camp (July 29th – August 3rd)
Teens unplug from the world and plug-in to God at Camp Shenandoah Springs in Madison, VA. Daily activities range from: horseback riding, canoeing, hiking, fishing, campfire cooking, basketball, airsoft, ropes course, archery, and crafts. Special guests speak into the lives of the teens each day to encourage them in their walk with the Lord. Register your teen at lowchurchyouth.org

Save the Dates:
August 29th Back to School Game Night (Wed Night Youth Group Begins)
September 5th Annual Parent Meeting
September 24th Fall Classic Golf Tournament at Fawn Lake Country Club to benefit youth missions
October 27th Annual “Go Ye Therefore” Banquet to celebrate youth missions
Each Sunday we come together and lift our praises to Almighty God, and then we leave and go back to our lives until the next Sunday. Yet we are told to “act justly and to love mercy and to walk humbly with [our] God.” In Micah 6 we see Israel’s attempts to appease God with sacrifices and rituals, hoping that he will spare them from destruction. But our God does not delight in sacrifices of ram or ox, rather he wants us to offer ourselves “as a living sacrifice, holy and pleasing to God - for this is your true and proper worship.” (Romans 12:1) Through our worship we should be transformed to see what God’s will is, and part of his will is for us do justice, love kindly, and walk humbly with him. Our worship shouldn’t be centered on our own desires, but on God’s purpose through us. Mark Labberton, in his book “The Dangerous Act of Worship”, has a strong view on this very subject: “The heart of the battle over worship is this: our worship practices are separated from our call to do justice and, worse, foster the self-indulgent tendencies of our culture rather than nurturing the self-sacrificing life of the kingdom of God.” Our lives have been bought with the blood of Jesus Christ, so let us do whatever we can to live out God’s call to justice, love, and humility by making our worship a personal sacrifice, as opposed to an idol.
Mission Partner for July:
Teen Challenge North Central Virginia
Addiction – Addressing the Cause

Curing addiction to alcohol or drugs is not enough. The reason a person turned to alcohol or drugs must be identified and dealt with or else the old addiction will return. When an addiction is conquered the void it leaves must be filled with things that are positive. There are none better than the love and affirmation of Jesus Christ.

Lindsey’s story affirms these truths. She was 22 with an 8 month old son when she entered the Beauty for Ashes home in 2017. She writes, “I was in an abusive relationship, addicted to heroin, hopeless and living a life of destruction. I thought I was coming here to take care of my addiction but that was only the top layer to uncovering so many more life-controlling issues and destructive behaviors in my life. The real issues beneath my addiction surfaced at Beauty for Ashes and I dealt with them – trust me, it was not easy.”

Lindsey overcame her crippling fear, reconciled broken family relationships and set healthy boundaries. She obtained her GED and is now enrolled in a dental assistant program. She concludes, “But, best of all, I now have a healthy, amazing, God-honoring relationship with my son. I am a good mom who is able to nurture him and guide him in the love that changed my life.”

Lindsey’s is one of many lives transformed by Beauty for Ashes and Teen Challenge. Teen Challenge of Fredericksburg is led by Mike and Cindy Zello. After ministering with Teen Challenge for 19 years in Maryland they moved to Fredericksburg in 2002. Four years later acquired the beautiful farm off Route 17 that now is home for the men’s ministry. The Beauty for Ashes residence for mothers and their young children opened in 2016 and last year Teen Challenge announced plans to transition a non-residence program in Richmond to a live-in program. Their motto: Hope lives here…Freedom is found here…Changed lives leave here.

Lake of the Woods Church has had a close relationship with Teen Challenge and BfA for 11 years through mission events, financial support and individual volunteers. We have helped rehabilitate both the farm and the women’s home, installed a complete woodworking shop and built a large garden for the women.

Mike and Cindy met when he was 15 and she was 14. They were married four years later and entered into the Teen Challenge ministry together. Today they have served Teen Challenge for 33 years. They have three married children (Joshua, Jessica and Rebekah) and four grandchildren (Easton, Avett, Emma, and Walker).

Prayer for Missions
Blessed Lord, your compassion touched all who came to you. We pray for those in the Fredericksburg and Richmond areas who have lost their health and freedom through addiction. In particular, we ask you to bless the ministries of Teen Challenge and Mike and Cindy Zello as they reach out to the hurting, in Jesus’ name. Amen.
07/02 Debra A. Durden
07/02 Randall Halverson
07/02 Cathy Gnik
07/03 Florence Rose
07/04 Aaron Widor
07/04 Patricia Unkle
07/04 John Higginbotham
07/05 Mary Ann Hamilton
07/06 Paulette Tantlinger
07/07 Betty Larson
07/07 Marc Birdsong
07/07 Janet Delozier
07/09 Renee Graves
07/09 Julie Phend
07/09 Eric Walsh
07/10 Jamie Coleman
07/10 Dick Rankin
07/10 Sam Thomsen
07/11 Penny Medley
07/11 Judy Mayfield
07/11 Ray White
07/12 Ruth Wilson
07/12 Melody Widor
07/12 Pat Carson
07/12 Linda Parker
07/12 Sharon Cole
07/12 Larry Bibbs
07/12 Deanna Harris
07/12 George Ulrey
07/14 Trenia Jeffries
07/15 Frank Cangelosi
07/15 Shirley Cornwell
07/16 Margaret Thode
07/17 Pam Evatt
07/18 Pat Cope
07/18 Lisa Medas
07/18 Carol Stanley
07/18 Kim Johnson
07/19 Charles Lewis
07/19 Toni Hamblett
07/19 Johanna Colson
07/19 John Lentine
07/21 Charles Adams
07/21 David J Bailey
07/21 Dottie Moser
07/23 Lee Merrell
07/23 Susan Bhuller
07/24 Jean J. Lemay
07/25 Loretta T. Johns
07/25 Beth Sundberg
07/26 Suzanne Zimmerman
07/27 Linda Coleman
07/27 Randy Whitehead
07/28 Craig Benedict
07/29 George Chapin
07/29 Sue Doubet
07/29 Jolie Morris
07/29 Ossie Schmidt
07/29 Judy Curnow
07/30 Lois DeLongis
07/30 Jacklyn Gill
07/30 Judy Eiben
07/30 Joan Batten
07/30 Patti Wheeler
07/31 Susan Richards
07/31 John Beisheim
07/01 Rev and Mrs Timothy Zello
07/01 Mr. & Mrs. Bob McCarthy
07/02 Mr and Mrs Thomas Seary
07/02 Mr and Mrs Hal Bailey
07/04 Mr. & Mrs. Alex Salustri
07/05 Mr and Mrs George Chapin
07/05 Mr and Mrs Jim Flood
07/06 Mr and Mrs Tom Wiles
07/06 Mr. & Mrs. Allen Gwaltney
07/07 Mr and Mrs L Reinhart
07/07 Mr and Mrs Bob Lingo
07/08 Mr and Mrs Raymond Massie
07/09 Mr and Mrs William Hulse
07/09 Mr. & Mrs. L. Hugh Devlin
07/09 Mr and Mrs Ed Brown
07/12 Mrs. & Mr. Ralph Rupard
07/12 Mr. & Mrs. Carter LeFon
07/12 Mr and Mrs John Sawyer
07/12 Rev and Mrs Elbert Ransom
07/13 Mr and Mrs Ralph Ericksen
07/13 Mr. & Mrs. Jim Smiley
07/13 Mr & Mrs Gary Carlmark
07/14 Mr and Mrs Don Smith
07/14 Mr. & Mrs. Joseph Pfeifer
07/15 Mr and Mrs John Rueckert
07/15 Mr and Mrs Ken Frohnert
07/16 Mr. & Mrs. Dick Gullickson
07/16 Mr. & Mrs. Eric Walsh
07/17 Mr and Mrs Wayne Seney
07/18 Mr and Mrs David Cole
07/18 Mr. & Mrs. Tim Martin
07/19 Mr. & Mrs. Philip Fines
07/19 Mr. & Mrs. Benjamin Ferris
07/20 Mr and Mrs Jonathan Morey
07/20 Mr and Mrs Lee Strain
07/20 Mr and Mrs Walter Bloss
07/21 Mr and Mrs Robert Gibson
07/21 Mr. & Mrs. Roger Anderson
07/22 Mr. & Mrs. Thomas Harris
07/24 Mr and Mrs Shawn Cotton
07/24 Mr and Mrs Dennis Romine
07/25 Mr and Mrs Hank Altman
07/25 Mr and Mrs Michael L Lemay
07/25 Mr and Mrs John Emigh
07/25 Mr and Mrs Timothy Hall
07/26 Mr Lincoln Landis
07/27 Mr and Mrs Dan McDonald
07/29 Mr and Mrs Gary Bounds
07/29 Mr and Mrs John Shumate
07/30 Mr and Mrs Dan Schofield
07/31 Mrs. Carol Billups DuPont
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<thead>
<tr>
<th>MONDAY</th>
<th>WEDNESDAY - CONTINUED</th>
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<tbody>
<tr>
<td>8:30 a.m. Aerobics</td>
<td>6:30 p.m. MOMs Next (Resumes in the Fall)</td>
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<tr>
<td>1:00 p.m. Prayer Shawl Ministry – (3rd Mon)</td>
<td>7:00 p.m. Kid’s Club (Resumes in Sept.)</td>
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<tr>
<td>5:00 p.m. Bell Choir - Sanctuary</td>
<td>7:00 p.m. Adult Elective Education Classes</td>
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<td>7:00 p.m. AA Group</td>
<td>7:00 p.m. AA “Big Book” — Rt. 20 - Suite O</td>
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<tr>
<th>TUESDAY</th>
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<tbody>
<tr>
<td>7:30 a.m. Pastor’s Bible Study for Men</td>
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<tr>
<td>9:30 a.m. LOWC Crafters Group</td>
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<tr>
<td>10:00 a.m. Ladies Bible Study</td>
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<tr>
<td>3:30 p.m. Good News Clubs (Resumes in the fall)</td>
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<td>5:30 p.m. Senior Singles</td>
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<td>6:30 p.m. Shining Hands Ministry</td>
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<td>7:00 p.m. Praise Team Practice</td>
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<td>7:00 p.m. Choir Practice</td>
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<td>8:30 a.m. Aerobics</td>
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<td>9:00 a.m. MOPS (Resumes in the fall)</td>
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<td>10:00 a.m. Restoration Dance Preparation</td>
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<tr>
<td>10:00 a.m. Alzheimer’s &amp; Dementia Support (3rd)</td>
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<tr>
<td>6:00 p.m. Communion Service</td>
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<tr>
<td>6:00 p.m. Youth Group Dinner (Resumes in Sept.)</td>
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<td>6:30 p.m. Youth Group (Resumes in Sept.)</td>
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<tr>
<td>9:00 a.m. Shepherds Meeting (3rd Thurs)</td>
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<tr>
<td>9:30 a.m. Prayer Group – (Resumes in Sept)</td>
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<tr>
<td>10:00 a.m. Women’s Guild (1st &amp; 3rd)</td>
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<tr>
<td>1:00 p.m. Second Half of Life Bible Study (1st &amp; 3rd)</td>
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<tr>
<td>5:00 p.m. Living Water Community Clinic</td>
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<td>6:00 p.m. RISE Special Needs — (Resumes in Sept.)</td>
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<tbody>
<tr>
<td>8:30 a.m. Aerobics</td>
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<tr>
<td>10:00 a.m. Malachi 3:16 Bible Study</td>
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<td>7:00 p.m. AA Group — Rt. 20- Suite O</td>
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<th>SATURDAY</th>
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<tbody>
<tr>
<td>7:00 a.m. Men’s Bible Study Group</td>
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<tr>
<td>10:00 a.m. Restoration Dance Ministry</td>
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**Come Grow WITH US**

**Summer Sunday Morning Worship Schedule**

*Beginning August 12th*

- **8:30 a.m. Traditional Service in the Sanctuary**
- **9:30 a.m. Blended Service in the Worship Center**
- **9:45 a.m. Traditional Service in the Sanctuary**
- **11:00 a.m. Contemporary Service in the Worship Center**
CrossCurrents is a publication of The Lake of the Woods Church
1 Church Lane
Locust Grove, VA 22508
(540) 972-9060
www.lowchurch.org

**Pastors in Worship**
**July 2018**

**JULY 1 - COMMUNION**
8:30 Traditional
9:45 Traditional
9:45 Blended
11:00 Contemporary

Dr. John W. Howe
Dr. John W. Howe
John Higginbotham
Dr. John W. Howe

**JULY 8TH**
8:30 Traditional
9:45 Special Combined
11:00 Contemporary

Chaplain Jack Marcom
Chaplain Jack Marcom
Chaplain Jack Marcom

**JULY 15TH**
8:30 Traditional
9:45 Traditional
9:45 Blended
11:00 Contemporary

Rev. Adam Colson
Rev. Adam Colson
Rev. Jordan Medas
Reg. Adam Colson

**JULY 22ND**
8:30 Traditional
9:45 Traditional
9:45 Blended
11:00 Contemporary

Rev. Jordan Medas
Rev. Jordan Medas
John Higginbotham
Rev. Jordan Medas

**JULY 29TH**
8:30 Traditional
9:45 Traditional
9:45 Blended
11:00 Contemporary

Dr. John W. Howe
Dr. John W. Howe
Children's Musical
Children's Musical